

Villa Sanyanga

IN HOUSE MENU

Here are some of the different dishes Lily can prepare for you. Please discuss these ideas with her, and tell her what you would like, preferably at least the day before, to enable her to do the shopping, and make the preparations. Having discussed your preferences with her, such as allergies, what kind of food you like, and whether you like your food hot or mild, you could just leave her to surprise you, and present you with a selection of her delicious Thai soups, curries, or stir fries.



Breakfast

Fresh tropical fruits
Coffee ~ Tea ~ Fruit juice
Cereals ~ Yogurt
Toast, bread rolls or croissants,
with butter and jams
Eggs ~ fried, boiled, poached or scrambled
Bacon - sausage - beans - tomato
Omelettes with a choice of fillings

Cup Noodles
Thai fried rice

Thai Soups

Tom Yum Goong

the well known spicy soup with prawns and lemon grass

Tom Kha Talay

a delicious mix of seafood in creamy coconut

Tom Kha Gai

a coconut soup with slivers of chicken

Gaeng Liang Fak-Tong

a creamy pumpkin and coconut soup

Gaeng Chued

a clear vegetable soup with meatballs

*All the above can be prepared either spicy or mild,
whichever you prefer.*

Also ~

Noodle soup with beef, chicken,
duck, pork, fish or prawns

Mixed vegetable soup

Pumpkin soup



Refreshing Iced Soups

Spanish Gazpacho

Iced melon soup

Chilled Cucumber soup

Golden Cream with carrot and orange

Salads

Spicy Thai Salads

A variety of typical spicy salads,
including

Prawn, Squid, Seafood, Beef,
minced Chicken or Duck,

Green Mango, Papaya or Pomello

*These famous salads are usually very spicy,
but Lily can make them milder if you prefer.*



Western Salads

Caesar Salad

Potato salad

Tuna and Egg salad

Italian Tomato salad with mozzarella and basil

Greek Tomato salad with feta and black olives

Swedish West Coast Salad

with prawns, avocado, asparagus and eggs

Fresh Green salad with avocado and cucumber

Snacks and Light Meals

Spring Rolls

Prawn tempura

Vegetable tempura

Satay with prawn, beef or chicken

Thai fish-cakes or prawn cakes

A variety of sandwiches

Oyster omelette

Chinese steamed omelette



Barbecue

There is a special shady barbecue area, by the upper garden, or if you prefer, the barbecue can be set up for you next to the pool. Lily can prepare whatever you've chosen - steaks, chicken, fish, prawns, vegetables and salads etc, and then leave you to enjoy an evening barbecue under the stars.



Piri Piri chicken or prawns

Chicken with garlic and lime

Thai marinated spare ribs

Succulent Australian steaks

A variety of sausages

Prawns, lobster, or whole fish

Tuna fish steaks

Home-made hamburgers

Mushrooms, peppers, tomatoes



Thai Curries

Thai Curries are world famous and Lily can prepare all the different varieties. Tell her if you want mild or hot, and if you prefer chicken, pork, beef, vegetables or sea-food. They are served with Jasmine rice.

- Gaeng Kieow Waan** Green Thai Curry
- Gaeng Phad Waan** Red Thai Curry
- Gaeng Phak Pa** Mixed Vegetable Curry
- Pa-neang** Panang Coconut Curry
- Massaman** Thai Massaman Curry



Thai Stir-Fries



Pad Thai

One of the most popular Thai dishes, with noodles and chicken or shrimp, with a garnish of peanut and bean-sprouts.

Gai Pad Mamuang Himmaphan

Stir-fried chicken with garlic and cashew nuts

Goong Sot Pad Gup Normai Falang

Prawn stir-fry with garlic and green asparagus

These delicious Thai stir-fries are very well known and Lily can prepare them mild or hot, according to your preference.

Nua Pad Pak Man Hoy

Stir-fried beef with broccoli and oyster Sauce

Priew Waan Gung

Sweet & Sour Prawn

Pla Priew Waan

Deep fried Fish with Sweet 'n Sour Sauce

Pad Prak Ruam

Mixed stir-fried Vegetables with Oyster Sauce

Khao Pad Gai

Thai fried rice with chicken

Pad Grapao Kai Sap

A delicious dish with minced chicken, garlic, chilli and holy basil.

For the children



Prawn cakes
Fried rice
Omelettes
Fried Chicken wings
Baked Pork Spare ribs
Fried beef or fish balls
Spaghetti Bolognaise
Mixed vegetables
Sausage and egg
Chicken satay sticks
Pad thai noodles (mild)
Hamburger with French fries

These are just some ideas for the children. Discuss your preferences with Lily, and she will be able to make something your children will like. Of course they will also enjoy many of the other dishes on the menu.



Desserts

Mango and Sticky Rice
a famous and delicious Thai speciality.

Ice creams and sorbets
Lychee & Lime Ice
Fresh fruit salad
Fresh seasonal fruits



All these menu items are things that Lily can prepare for you. She is very flexible and open to any ideas you have. Bear in mind that this is not a hotel or restaurant, and Lily is cooking for you on her own, with occasional kitchen help from Mon and Nang. If you ask her to do the shopping she has to do this as well. Obviously she cannot cater for a different dish for each guest, so please rally your group and decide what kind of things you would like her to prepare for you during your holiday, and give her plenty of advance notice.